BECOME AN AMBASSADOR

#WorldMentalHealthDay

Ribbon up! Wear your ribbon to show your support!

Engage! Help spread the word in your network, share with us your stories and how you are celebrating World Mental Health Day by using #WorldMentalHealthDay

"Fun"draise! Sponsor an activity and post your event with #WorldMentalHealthDay

Green up! Update your social media profile with the WMHD logo and WMHD Facebook frame!

WORLD
MENTAL
HEALTH
DAY

Join us!

@WMHDay
@WMHDay1
wfmh.global
wmhday@wfmh.com

WFMH — WORLD FEDERATION FOR MENTAL HEALTH

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